

WHAT TO DO IF...

Guidance for staff

if you or another household member has COVID-19 symptoms or have been in contact with a confirmed case.

Government guidance is subject to change at short notice - if in doubt refer to official websites shown below.



YOU HAVE SYMPTOMS OF CORONAVIRUS

If you have coronavirus symptoms:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

DO NOT come to school

Inform School ASAP

Get a test now

www.gov.uk/get-coronavirus-test
or phone NHS 119

Tell school what the test result is as soon as you know.

Follow 'stay at home: guidance for households with possible or confirmed coronavirus infection'
www.bit.ly/stayathomeguidance

www.gov.uk/get-coronavirus-test

SOMEONE ELSE IN YOUR HOUSEHOLD HAS SYMPTOMS

If someone in your household develops symptoms, they get a test. Other members of their household self-isolate for 14 days from when the symptomatic person first had symptoms.

DO NOT come to school

Inform School ASAP

If the test is negative;



- the person with symptoms can stop self-isolating, but may have another illness
- other members of the household can stop self-isolating, so you can return to school.

If the test is positive;



- the person with symptoms self-isolates for at least 10 days from symptom onset and follows 'stay at home guidance'
- other members of the household continue self-isolating for the full 14 days

DO NOT come to school

www.bit.ly/stayathomeguidance

YOU HAVE BEEN IN CONTACT WITH A CONFIRMED CASE OUTSIDE SCHOOL

Contacts who need to self-isolate will be notified and advised by the NHS Test and Trace service. If you have not been notified, you do not need to self-isolate. If your contact is waiting for a test result, you do not need to self-isolate.

If you have been informed that you are a contact of a person who has had a positive test result for COVID-19;

DO NOT come to school

- **Inform School ASAP**
- you must self-isolate at home for 14 days from the date of your last contact with them.
- follow the 'stay at home' guidance
- You are at risk of developing COVID-19 for the next 14 days.
- Even if you never develop symptoms, you can still be infected and pass the virus on without knowing it.
- You should not arrange a test unless you develop symptoms of COVID-19.
- If you do not have symptoms of COVID-19, other people in your household do not need to self-isolate.

www.bit.ly/guidanceforcontacts